



Metta Development Foundation

**2004/05**

community development programme



*Thanatphet* is the main cash crop of the PaO people. Also known as seban plum (*cordia diachotoma*), it is a special kind of leaf used in the world-famous Myanmar [cheroots](#). However the ecological consequences of growing *thanatphet* are problematical. The use of insecticides in *thanatphet* farming creates health risks, while the cutting of trees for fuel-wood to dry *thanatphet* leaves is one of the leading factors contributing to soil erosion and environmental degradation in the local area.

Despite the drawbacks, the PaO people continue with the age-old practice as this [traditional activity](#) can be carried out domestically in their own home-yards. For instance, plant cultivation, the drying of leaves and packing them for sale can all be conducted on small-scale farms.

Another reason given by farmers for growing *thanatphet* is that it is light and easy to carry. Transport and communication difficulties in the mountainous regions have limited the opportunities for other farm produce which, in contrast, can be bulky and expensive to market.



**7<sup>th</sup> Annual Report**  
April 2004 - March 2005

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Message from Programme Director

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# From the Programme Director

Dear Friends of Metta

As the Metta Development Foundation approaches its seventh anniversary milestone, it gives us cause to reflect on the road travelled thus far whilst looking ahead to new directions to pursue on the path towards sustainable development.

The years have passed quickly. Metta today is engaged in development activities across five states and three divisions within the Union of Myanmar. In the inaugural year of 1998, Participatory Action Research paved the way by mobilising communities for the development process. Since 2000 onwards, Farmer Field School activities have become the mainstay of Metta programmes. In the present programme year, Metta also partners with the World Food Programme in its “Food for Work” initiative. But although PAR, FFS & FFW projects form the main focus of current Metta programmes, they are only intended as entry points in our efforts to achieve the ultimate goal of establishing stable, self-reliant communities.

In its first years, Metta primarily directed its energies towards long-term development projects. During 2004-2005, however, Metta branched out by responding to the emergency relief needs of victims of both the Myitkyina floods and the tsunami. Emergency aid is essentially short-term assistance, but Metta’s experience is that its delivery is also relevant in supporting pervasive, realistic solutions for development.

In the past seven years, Metta has travelled a long way. Therefore at this juncture, it gives me especial pride and pleasure to report that the managers of the Bamaw, Waimaw, Railway Track and Taunggyi teams have all facilitated the formation of local development organisations in their project areas. Building on more than five years’ experience in facilitating between eight to twenty projects, they have each worked out development plans for their areas and are now soliciting assistance to put them into operation. This process allows Metta to phase out, move on and concentrate on new projects in other areas of the country. Such a model, I believe, is a concrete example of how development efforts promoting local initiatives are fostering the creation of a civil society.

In achieving such success, Metta wishes to acknowledge the value of the government’s complementary role as well as the support and cooperation of communities and local leaders in Metta’s programmes during the past seven years. In addition, the support and assistance of our partners and friends have always been crucial in enabling Metta to reach out to transform the lives of the most needy in the most hard-to-reach areas of the country.

I wish to thank you all for your invaluable support and encouragement in the past and say that we are also looking forward, with deep appreciation, to the continued support of all of Metta’s partners, friends and well-wishers as we renew our commitment to help local communities achieve real advancement in their goals of social progress.



Seng Raw  
Programme Director  
Yangon, 15 May 2005

## PAR & DMT

*develop capacity of communities in all stages of development work*

Participatory Action Research (PAR) and Development Management Training (DMT) form the basis of Metta field work providing participants with the **basic tools** needed for identifying their resource and needs as well as building up skills in planning and managing individual projects.

In previous years, only nominated project committee members attend the development management training (DMT). However, from 2005, a new approach to the DMT will be carried out where all project participants are fully involved in all stages of implementation. This new approach of **Process of Participatory Accountability (PPA)** opens to more creative methods of transparency and accountability from the project participants. They will conduct their development process in ways that can be documented and monitored by themselves based on their local experience and understanding.

Consequently, a facilitator workshop has been conducted during 23 March-06 April 2005 where 27 facilitators from Kachin, Kayah, Shan, Kayin and Mon States have participated.

Between April 2004 and March 2005, 270 community representatives of which 32 are women have completed PAR training. A further 187 women and 275 men have accomplished development awareness training (DAT) while 11 women and 32 men have taken part in the DMT and 9 women and 12 men in the PAR-TOT.



*Data Collecting and Analysis of Village Demographic Profile*



## Community-based Projects

Metta's role here is to support the training alumni in setting up & implementing community-based projects.

Kachin State

Commenced from	99	00	01	02	03		
<b>Project Approach</b> Metta is the project holder but local management committees elected by project participants manage the day-to-day running of the projects. Individual projects in turn are grouped into units according to geographical location with unit managers coordinating the projects.							
<b>Agriculture</b> Organic agricultural method is employed based on the natural environment of the local area and traditional cultivation skills of the communities. In addition to low land rice cultivation, crops like seasonal vegetables, pigeon pea, black gram " <i>phaseolus mungo</i> ", soyabean and corn as well as long term plants such as native sour fruit " <i>cydonia cathayensis</i> ", shaw kaw or chinese anise, orange and mezali(ringworm shrub) " <i>cassia siamea</i> " are planted to enhance income and make efficient use of local resources.	3		1	9	5		
<b>Livestock</b> Draught animals being essential to arable land reclamation and rice cultivation, buffalo and cattle raising are chief activities. Self manageable husbandry like pig, poultry and goat raising activities are also implemented.	8		2	20	8		
<b>Water Supply</b> Construction of water wells, gravity water flow and spring water collection supply system is carried out in addition to offering awareness raising training for water resource conservation.	1	33		8	5		
<b>Community Drug Store</b> Health care training is given to rural communities in order to recognise and learn about common diseases, adopt preventive measures and take required dosage of medicine systematically besides assistance provided to set up community drug stores.		2	1	4	3		
<b>Early Childhood Care and Development (ECCD)</b> Child development education training, awareness training for community leaders, parents education training and pre-school teachers training are offered for the basic development needs of children under 5 years of age.					12		
<b>Women's Development Programme</b> This programme includes training and self manageable projects in order to promote the capacity of women, improve their leadership role and increase their involvement in community development activities.		3	3		2		
<b>Community Forestry</b> Forests that have gradually become degraded around villages are carefully maintained as a nature conservation activity. Trees are replanted where necessary. Activities such as raising development awareness, talks on community firewood cultivation, community forestry and ownership according to existing law and registration process are carried out as well.							
<b>Income generation</b> Income generation projects are carried out to assist groups of housewives, health education resource persons and boarding houses for school children. Self manageable candle making, pig raising, book shop, savings & loan, fruit preservation and snack making are activities to generate income.		1	1	2			
<b>Skills training</b> Skills training are offered with the aim to build up self confidence and implement correct livelihood activities. Consequently, specific training for pottery making, fabrication of effective economy stove, furniture making, nurse aid and midwifery have been provided.			1	1	3		
<b>Total Projects</b>	12	39	9	44	38	17	5

Kayah State			Kayin State		Chin State		Mandalay Division	Sagaing Division	Mon State		Shan State				Yangon Division		
02	04	05	02	03	02	03	01	02	03	04	99	01	02	03	04	00	04
	2	3	1								1	1	2				
3								1			1	1	3				
2				1	1										2		
		1					1										
														3	5		
	2			1			3		1	1				3		2	2
						1											
5	4	4	1	2	1	1	4	1	1	1	2	2	5	6	7	2	2

## PROFILE

*Daw Myar Htoo  
in front of the new  
kitchen shed & house.  
The sow & her litter of  
piglets (inset)*



Daw Myar Htoo from Sobawthe Village, Demaw So Township, Kayah State has reasons to smile. Having participated in Sobawthe Pig Raising Project since its commencement 2 years ago, she has worked hard to take care of the pig; growing greens for it, feeding fine food and keeping the pig sty clean.

Her hard work pays off and from having to live with the in-laws, she is now the proud owner of a [newly built kitchen](#) shed and is gradually constructing her unfinished [house](#). She hopes to complete it by this year's end. In addition, she is able to keep her high school son at Loikaw boarding school providing rice and [tuition fee](#).

*"I am so happy and will continue to keep pigs. This year I can concentrate in doing cultivation that will be of great help to my family", said Daw Myar Htoo, home maker and the mainstay of 7 family members.*

*7<sup>th</sup>*  
of Metta



*Khun Edward, Project Manager, standing in the  
renovated library*

Du Htu Ngan Tha Pig Raising Project in Htudu Plaw Village, Kayah State begun since 2003, now boasts a small [medicine cabinet](#) filled with commonly used medicine placed at the project manager's house. Besides, the project has been able to partially support a [library](#) with some furniture and toys for their [nursery](#) school.



*Project Coordinator Thet Thet Lin,  
standing behind patients and attendant*

In addition to facilitating community based projects, Metta occasionally coordinates social services for local people, especially from remote rural areas. This year Metta is pleased to have been of assistance to 8 sight impaired individuals from the Putao area with contribution from private individuals. *"I dared not hope to see light again in my life but now I can see. I am really grateful to Metta and Metta's friends"* said Daw Zing Dam Nan of Yetpaw village, Putao district, after her cataract operation.



Ma Bway Htoo, 27, is a Bachelor of Theological College graduate. While trying to find ways to do development work, she got a chance to take part in PAR at Kayah State in 2003. This has helped her to carry out relevant development activities in her locality. She shares her expertise in handicraft making with her family and neighbours. In addition to being a secretary of Early Childhood Care and Development (ECCD), she serves as an accountant in Evergreen Savings and Loan Group that she has helped organised. Ma Bway Htoo has become a young woman that her community can look up to.

## ECHO



*Creative Handiwork of Budding Artists,  
Man Nawng Kawng Village*

Individuals who have been positively effected by the ECCD Programme have offered heartfelt articulation.

*"The most noteworthy impressive factor is the increase in number of male participation at training. Usually the men take part only in committee and coordination training but are not used to attending implementation related ones. However this year, **men are involved** in Parent Education Training at Waimaw, Kachin State." Ms K. Seng Raw, Instructor, Yin Thwe Foundation*

*"I did not have much comprehension of the work concept when I started the Parent Education Training. But because of my interest and responsibilities, I learn as I go on with my work and am encouraged by satisfactory **feedback**. Now I've got 10 dependable mothers who make home visits without me and educate the families. Previously, women like to chit chat when they get together but now they only talk about children." Ms Lu Ja, Parent Educator, Alam Village, Kachin State.*

## EVENT

*A group of Buddhist monks from Southern Shan State on an Exposure Trip to the firewood tree cultivation January 2005 sitting under mature "Mezali" trees planted in 2002*



The Evergreen Firewood Tree Cultivation project (2002 – 2004), implemented by 4 different Christian Churches, embodies the success of participation and cooperation by [diverse communities](#). Aiming to provide firewood and some income to their boarding houses for school children as well as to carry out environmental greening process, 82,000 mezali 'Cassia Siamea' plants have been cultivated on 50 acres of desolate land that has been cleared, planted and regular weeding done by the communities. Although some communities have been reluctant in the beginning, systematic organising has been able to raise their awareness of the development concept, community gain and sustainability of the process. The first batch of the fast growing trees are now mature enough to be cut as firewood and it will be done methodically in November 2005. The project has attracted the attention of not only neighbouring communities but governmental, organisational and study tour groups that have come for observation. Besides, it also receives [recognition](#) from the Forestry Department whose officials have encouraged the project committee to apply for a 30 year land registration.

## Strengthening Local Capacity for Sustainable Development in Myanmar

*a farmer field school approach*

Each Farmer Field School (FFS) has about 20 participants who attend the school's half-day sessions every week for the entire six months of the rice-growing season. Weekly [sessions](#) include participatory activities, hands-on analysis and decision making. Each school establishes one small study field plot on which new cropping methods and [varieties](#) are experimented. An inexpensive and small bamboo structure is erected on site, to house the school for the season.

The farmer field school topics include new rice-intensification methods such as seed selection, production of [quality](#) seedlings, soil fertility methods and system of rice intensification (SRI).

The new phase of the project began in January 2004 with renewed focus on the process of FFS implementation. The emphasis however, is to [strengthen the local capacity](#) for planning and managing. The project, in its three year new phase, aims to develop the self-reliant capacity of local organisations and communities to independently manage the FFS-based community development process.

### Building a common vision among diverse stakeholders

During the season, farmer field school participants arrange, and exchange visits with a nearby village that is also conducting a farmer field school. At the end of the season at harvest time, each field school organises a [Field Day](#) to which local authorities, village elders and other villages are invited. The Field Day serves as a platform for the broader community to observe and learn about the achievements of the field school and its participants.

Within a 4-year period, the project has established 385 FFS in 323 communities and trained 6,858 farmers, of whom 5,337 are men and 1,521 women



*Coordinators & Facilitators*

The project has now 68 coordinators and facilitators who are confidently facilitating FFS sessions. This year they have established 127 FFS in 123 new communities of 16 townships in Kachin State, 2 townships in Northern Shan State and 2 townships in Sagaing Division. The direct beneficiaries of FFS, a total of 1,656 farmers of whom 1,251 are men and 405 are women, are selected farmers who participated in FFS.

## Upland Project in Sadung and PaO Regions

This project has evolved in response to the needs of rural communities in upland areas, particularly opium farmers. A five year project (2003 - 2007) has been in operation since January 2003 in PaO and Sadung regions. The focus is on developing the overall capacity of farmers so that **significant improvement** in food security, health, nutrition and cash income is achieved. The project hopes that farmers will gradually **disengage** from **opium** cultivation.

To achieve this, the project has used the Farmer Field School (FFS) approach. The first season-long training for trainers (TOT) was offered in 2003 to selected individuals, with facilitating of FFS beginning in 2004. A total of 80 FFS have been carried out in both regions, and another season long training was organised in 2004, where 50 participants successfully graduated.

FFS is a very **intensive process** approach and is very new to upland regions. Due to the complex environments of upland regions, a longer time is needed to achieve ultimate success. FFS-2004 was a year of learning, particularly of the challenges. 2005 is targeted as a year for improvement, and special plans have been formulated to help implement quality FFS.

*FFS comprises four particular elements:*

- ◆ *a meeting place,*
- ◆ *a study field,*
- ◆ *a kitchen garden and*
- ◆ *a nursery.*

*The **nursery** produces adequate amount of seedlings needed by the farmers. The **kitchen garden** and study fields are used for experiment and to learn how to grow appropriate crops and develop effective technologies. The meeting place is used to facilitate discussions and planning by the farmers and the communities. The FFS ultimately, serves as a platform for the communities to discuss their common problems and undertake joint actions to facilitate a self-reliant development process.*

## Emergency Food Assistance to Ex-Poppy Farmers

This is a new venture carried out in partnership with German Agro Action (GAA) as well as other local groups and organisations. Its goal is to lower the tension of the food shortage crisis and to contribute to the reduction of suffering of people affected by the eradication of poppy cultivation efforts in the area.

GAA and Metta cooperate with World Food Programme (WFP) as implementing partners to contribute 2,538 metric tons of rice through Food for Work schemes, through food for education and as general relief to vulnerable families located in [Kawng Hka](#) area that comprises Lashio, Hsenwi, Kutkai and Kawng Hka townships. Consequently, from July 2004, as emergency food relief, rice is distributed to locals that have given up poppy cultivation in Northern Shan State.

2,227 vulnerable, 14,356 primary school children, 1,175 local labourers from [538 villages](#) have already [benefited](#) by the rice distributed that totals 1242.62 metric tons so far for first project year.

At present, self manageable livestock and cultivation activities are in the preparatory stage, ready to commence through Development Awareness, the Process of Participatory Accountability and relevant skills training.



## Community Development for Disaster Reconstruction

July 2004 flood in Kachin State and December 2004 Tsunami have inadvertently pushed Metta into emergency relief work. As a result Metta's "Community Development for Disaster Reconstruction" has been commenced.

In the Delta region of The Ayeyawady Division, 517 rural households from Ngapudaw and Lattputta Townships ravaged by the tsunami, have been given **relief and reconstruction** assistance.

No.	Item	Quantity
1.	Blanket	500
2.	Mosquito Net	500
3.	Rice Bag	800
4.	Fishing Net	663
5.	Fishing Boat	84
6.	MMK 1,400,000 towards Deedugone Bridge Repair, Ngapudaw Township, Ayeyawady Division	
7.	MMK 4,500,000 towards Aungmingalar Drinking Water Pond, Pyinsalu Sub-township, Ayeyawady Division	

As a result, Metta is implementing a 5 year (2005-2009) programme. The practical purpose is learning to **rebuild** and **prepare** for the future.



*The efforts start with and in the community*



*Some of the 84 fishing boats constructed locally at Deedugone Village Tract*

## Centre for Action Research & Demonstration (CARD)

CARD at Alam village, 22 km from Myitkyina, Kachin State Capital, established in 2002 is a permanent **living** and **learning** centre.

The centre has a training hall, 2 dormitories to lodge 60 trainees and two hectares of cultivated land. The centre facilitates regular and customised training courses on a variety of subject such as TOT course on sustainable agriculture and innovative practices in upland development, plant nursery management, basic animal husbandry, agriculture produce related skills like fruit preservation, snack making. Training also includes development paradigm, participatory planning, and monitoring and evaluation. The year-round activities aim to accommodate approximately 500 individuals per year.

Between April 2004 and March 2005 the centre has generated an income of MMK 12,029,076.00 while the expenditure on animal food, seeds and seedlings, and staff salary and welfare, etc. is MMK 21,000,487.00. All efforts are being made for CARD to eventually evolve into **self reliant** learning centre by 2007.



## Training and Development of Metta Personnel (April 2004 - March 2005)

*attempt to assess the potential of office and field staff and use to their utmost appropriate training are provided as and when needed*

Training Title	Date and Place	Metta Personnel	Position
Arena Multimedia Specialist Course (AMS)	01SEP03-24JUL04 25NOV03-30AUG04 Bangalore, India	Mr S Wai Zin Aung Ms Naw Eh Hmwe	Computer Operator Computer Operator
Organisation Financial Planning & Cost Control	03-14MAY04 AIT, Bangkok, Thailand	Mr Nyi Nyi Zaw Ms San San Hlaing	Internal Auditor Accountant
Financial Training Course	22-26MAY04 Maesot, Thailand	Ms Doi San Ms Kai Ja	Accountant Training Coordinator
Community Master Plan Workshop	24-28MAY04 MCC, Yangon	Ms Doi San Ms Theinny Oo	Accountant Project Secretary
Child Participation	18-20JUL04 CBI, Yangon	Mr Saw Min Naing	Assistant Programme Coordinator
Report Writing Workshop	19-22JUL04 Metta, Yangon	Ms Ja Nu Ms Kai Ja Ms Theinny Oo	Training Coordinator Training Coordinator Project Secretary
Organising a Small Library	27-30JUL04 The American Centre Yangon	Ms Ei Shwe Sin Mr Naw Seng	Liaison Project Coordinator
Critical Thinking	17-19AUG04 CBI, Yangon	Ms Nu Hkawn Ms Thet Thet Lin Mr Saw Min Naing	Liaison Project Coordinator Assistant Programme Coordinator
Analytical, Communication and Facilitation Skill	30AUG-01SEP04 CBI, Yangon	Ms Kai Ja Mr Saw Naing Lin Mr Naw Seng Ms Morine Po Mr Saw Min Naing	Training Coordinator Project Manager Project Coordinator Project Secretary Assistant Programme Coordinator
Focalisation: The Art of Leadership	18-23SEP04 Findhorn, Scotland		Field Coordinator Project Coordinator
Human Resource Management	22-24SEP04 CBI, Yangon	Ms Ni Ni Htwe Ms Thet Thet Lin	
Community Master Plan Exposure Trip	25SEP-05OCT04 Bangkok, Thailand	Ms Theinny Oo	Project Secretary

Connectivity and Synchronicity <i>Building a Global Culture of Peace</i>	25SEP-01OCT04 Findhorn, Scotland	Ms Morine Po Mr Saw Min Naing	Project Secretary Assistance Programme Coordinator
Evaluation Planning Seminar	27SEP-26OCT04 Metta, Shalom, CBI Yangon	Ms Theinny Oo Ms Kai Ja Ms Naw Eh Hmwe	Project Secretary Training Coordinator Training Coordinator
Post Graduate Diploma in Development Studies Programme	SEP04-JUN05 Kimmage Manor · Dublin, Ireland	Ms Ja Nu	Training Coordinator
East Asia Exchange on Learning and Capacity Building Workshop	06-08OCT04 Oxfam, Hong Kong	Ms Theinny Oo	Project Secretary
Proposal Writing	13-16OCT04 CBI, Yangon	Ms Lu Nan Ms Thet Thet Lin	Training Coordinator Project Coordinator
Humanitarian Principles Workshop	14-15OCT04 UNDP, Yangon	Mr Alex La Awng Ms Beatrice Daws Lu Ja	Liaison Technician
CDS/ISIS for Window Version 1.5	18-12NOV04 The American Centre Yangon	Ms Ei Shwe Sin	Liaison
Report Writing	18-20JAN05 CBI, Yangon	Mr Naw Ja Mr Gum Sha Awng Mr Khin Maung Latt Ms Tum H pang Ms Eh Hmwe	CARD Manager FFS Coordinator Project Manager Field Coordinator Training Coordinator
Workshop on Environmental Crisis and Ecological Education	31JAN-02FEB05 MIT, Insein, Yangon	Mr Naw Din Mr Zaung Ze	FFS Coordinator
Staff Management Training	09-11FEB05 CBI, Yangon	Ms Doi San	Accountant
Eco-Village	19FEB-19MAR05 Findhorn, Scotland	Mr Naw Ja Mr Gum Sha Awng	CARD Manager FFS Coordinator
Knowledge Management Training	09-11MAR05 CBI, Yangon	Ms Doi san	Accountant
Communication Skills Training	14-25MAR05 British Embassy, Yangon	Ms Ei Shwe Sin	Liaison

## Networking among Local & International Organisations

*making maximum use of Agencies and Organisations already active in the country*

Partner	Metta Representative	Programme
SCUK	Ms Nu Hkawn, Liaison Ms Kai Ja, Training Coordinator	Local NGO Gathering
UNIAP	Ms Thet Thet Lin, Project Coordinator	Human Trafficking in the greater Mekong sub region
CMS	Ms Thet Thet Lin, Project Coordinator	Disaster Preparedness Seminar
ESCAP	Ms Seng Raw, Programme Director	Subcommittee on Poverty Reduction Practices
SWISSAID	Mr Saw Min Naing, Assistant Programme Coordinator Ms Theinny Oo, Project Secretary	Swissaid Partners Meeting
AIT	Ms Theinny Oo, Project Secretary	Gross National Happiness in Asia <i>Message from Bhutan</i>
TdH	Ms Morine Po, Project Secretary	Meeting with Naung Kaw Project Participants
CBI	Mr Saw Min Naing, Assistant Programme Coordinator Ms Naw Eh Hmwe, Training Coordinator	NGO Meeting
UNDP	Ms Morine Po, Project Secretary	Human Development Initiative-IV (CDRT) "Presentation of Community Development for Remote Annual Review Workshop"
Shalom Foundation	Ms Seng Raw, Programme Director	Ethnicity Identity and Nationalism in Multiethnic countries
MBC	Ms Seng Raw, Programme Director	Strategic Planning Intervention Workshop
UNICEF	Ms Thet Thet Lin, Project Coordinator	Child Protection Training for Social Workers and Caregiver dealing with Working and Street Children

*AIT Asia Institute of Technology*

*CBI Capacity Building Initiative*

*CMS Cooperative service Myanmar*

*ESCAP Economic and Social Commission for Asia and The Pacific*

*MBC Myanmar Baptist Convention*

*SCUK Save the Children (UK)*

*Swissaid Swiss Foundation for Development Cooperation*

*TdH Terre des Hommes*

*UNIAP UN Inter-Agency Project*



A 10 member exposure group comprising project managers and facilitators from Kachin and Shan States visited Cambodia during 03 -15 January 2005. The group met with many local NGOs, and CBO which included Operation Enfants Battambang, Development Support Unit, Kon Kleng CBO, Rural Animal Health Development Organisation, Project Against Domestic Violence to name a few.

Members of the exposure group have formed their own local development organisations, so the trip afforded them the [opportunity to observe](#) different organisational structures and strategies, and exchange experiences with like minded groups in the region.

The Ministry of Internal Revenue has granted tax exemptions on all funds received. Ba Hka - 1/290 (512/99)

Account: Metta Development Foundation  
Account No: 95263  
Bank: Myanma Foreign Trade Bank  
80/86 Mahabandoola Garden Street  
Yangon, Myanmar

# FINANCIAL

for the year ended

## Receipt

	USD	MMK
Balance as at 01 April 2004	131,612.65	12,667,786.47
Actionaid	27,496.30	
American Embassy		505,000.00
British Embassy	4,850.00	
Burmese Community Church of the Silion Valley, KBC of America		1,874,000.00
Catholic Agency for Overseas Development (CAFOD)	1,330.72	
Eye Project	7,300.00	
First Burmese Baptist Church of San Francisco		257,125.00
Friedrich Naumann Stiftung (FNS)	2,785.00	
German Agro Action (GAA)	96,017.26	
Groupe de Recherche et d'Echanges Technologiques (GRET)	970.00	
Irish Catholic Agency for World Development (Trócaire)	53,473.81	
Kachin Christian Association of America		282,000.00
Karuna Myanmar Social Service (KMSS)	970.00	
Karuna Social Services (KSS)		4,607,500.00
Netherlands Organisation for International Development Cooperation (Nvvi)	197,887.60	
Norwegian People's Aid (NPA)	7,446.00	
Other Income	3,669.28	8,843,695.81
Oxfam - Hong Kong	21,852.52	
Spirit in Education Movement (SEM)	3,455.00	
Swiss Foundation for Development Cooperation (Swissaid)	56,790.00	1,000,000.00
Terre des Hommes (TdH)	9,000.00	
The German Catholic Bishop's Organisation for Development (Misereor)	100,025.57	
ZOA Myanmar	14,700.00	
<b>Individual Donation</b>	<b>8,246.55</b>	<b>718,000.00</b>
<b>Total Receipt</b>	<b>749,878.26</b>	<b>30,755,107.28</b>

# S U M M A R Y

31 March 2005

## Payment

	USD	MMK
Direct Programme Cost	116,754.22	457,184,542.00
Office & Service Cost	4,593.30	54,865,784.00
Capital Expenditure	70.00	8,932,105.00
MMK Generation	557,833.00	(509,875,852.00)
Purchase of USD/FEC	(18,461.00)	16,855,770.00

Total Payment	660,789.52	27,962,349.00
Balance as at 31 March 2005	89,088.74	2,792,758.28

2005

20

Surplus balance USD 89,088.74 is because:

- Novib Fund for 2005-2006 was received in April 2004.
- Trocaire Fund was received in November 2004 but activity started in April 2005.

## Donors

01 April 2004 - 31 March 2005

### International Development Organisations

1. Actionaid
2. Catholic Agency for Overseas Development (CAFOD)
3. Friedrich Naumann Stiftung (FNS)
4. German Agro Action (GAA/*dwhh*)
5. Groupe de Recherche et d'Echanges Technologiques (GRET)
6. Irish Catholic Agency for World Development (Trocaire)
7. Karuna Myanmar Social Service (KMSS)
8. Karuna Social Services (KSS)
9. Netherlands Organisation for International Development Cooperation (Novib)
10. Norwegian People's Aid (NPA)
11. Oxfam - Hong Kong
12. Spirit in Education Movement (SEM)
13. Swiss Foundation for Development Cooperation (Swissaid)
14. The German Catholic Bishop's Organisation for Development (Misereor)
15. Terre des Hommes, Germany (TdH)
16. ZOA

### Embassies

1. American Embassy
2. British Embassy

### Churches

1. Burmese Community Church of the Silicon Valley
2. First Burmese Baptist Church of San Francisco
3. First Kachin Baptist Church of America

### Individuals

1. Angie Tan
2. Barbara Baumann Glanz
3. Chris Greacen
4. Friends of Findhorn Foundation
5. John and Nina Cassils
6. Jürgen Pumplün
7. Martin and Susanne Smith
8. Simon Phillips
9. Sue Walker
10. Susanne Neheider & Niki Mavridis
11. William and Steven
12. Wolfgang Trost
13. Aye Min and Myo Min Oo
14. Bo Nyan
15. Ja Seng Mai
16. Khine Mar Htun
18. Maw Maw Khaing
19. Saw Min Naing & Thein Thein Htay
20. Myint Thwin and Family
21. Nang Hon Leik
22. Nu Khawn and Friends
23. Soe Thauang Oo and Family
24. Thazin Zaw Win
25. TOTAL E&P Myanmar (Local Staff)
26. Thant Sin & Aye Yin

## WHY METTA

- Firmly established development organisation in Myanmar
- Creative in building common vision among diverse stakeholders
- Facilitates grass-roots projects, planned and implemented by the communities
- Mobilises existing strengths and human resources within the communities
- Assists communities to become self-supportive
- Utilises field staff from local project areas
- Nurtures establishment of local development organisations independent of Metta
- Effective field management and outreach
- Ninety per cent of all funds go directly to local project costs

## Who's who in Metta as at 31 March 2005

### Board Members

Rev. Dr. Saboi Jum  
Prof. Tun Aung Chain  
U Hkun Myat  
U Pe Tin  
U Maran Yaw  
Daw Tin Aye  
Daw Hla Hla Thein

### Working Committee

Daw Seng Raw  
Daw Bawk Tawng  
Daw Lu Ja  
Daw Nu Hkawn  
U Saw Min Naing  
U Zau Ja  
U Saw Ne Oo  
U D Brang Awng  
U Naw Awng

### Coordination Office Yangon

Daw Seng Raw, Programme Director  
U Saw Min Naing, Assistant Programme Coordinator  
Daw Nu Hkawn, Liaison  
Daw Ei Shwe Sin, Liaison  
Daw Morine Po, Project Secretary  
Daw Theinny Oo, Project Secretary  
U Nyi Nyi Zaw, Internal Auditor  
Daw San San Hlaing, Accountant  
Daw Nem Bu, Cashier  
Daw Kai Ja, Training Coordinator  
Daw Ja Nu, Training Coordinator  
Daw Eh Hmwe, Training Coordinator  
U Ye Lynn Htoon, Computer Operator  
U S Wai Zin Aung, Computer Operator  
U Saw Peter, Transport  
Daw Mu Mu, Office Help

### Coordination Office Myitkyina

U La Awng, Liaison  
Daw Doi San, Accountant  
U Naw Seng, Junior Staff  
U Yaw Si, Transport Management

Centre for Action Research & Demonstration Centre (CARD)

1. U Naw Ja, Farm Manager
2. Daw Lu Ja, Livestock
3. U Aung San Oo, Accountant
4. U Tu Ja, Assistant Farm Manager
5. U Zau Tu, Facility Manager
6. U Gam Hsang, Field Staff
7. U La Ring, Field Staff
8. U Ki Bawm, Animal Husbandry
9. U Ze Du, Animal Husbandry
10. U Ze Hkawn, Animal Husbandry
11. Daw Aye Taw, Kitchen
12. Abraham, Transport

### International Resource Person

#### FFS

Mr Humayun Kabir  
Mr Egmedio E. Samillano  
Mr H.M.S. Heenkenda

#### OD

Ms Susan Steward  
Hope International

#### AT

Chris Greacen

#### ECCD

Alice Mundhenk



Saw Min Naing and Morine Po sharing Metta work experience with fellow trainees at the Findhorn Foundation, Scotland. "An invaluable and insightful week at the Focalisation: The Art of leadership course and a profound spiritual experience with international participants in Global Peace Conference."



Theinny Oo has attended East Asia Exchange on Learning Capacity Building workshop in (Hong Kong) Oxfam and Community Master Plan (CMP) exposure in Thailand from 24 September to 08 October 2004.

"I realise the Capacity Building Programme & Community based Development work being promoted in rural areas are most essential for communities. The learning concept, participation, economy and education through CMP will be of great help to Metta projects."



Mr Thomas Paul, National Coordinator, STEPS S Wai Zin Aung, Naw Eh Hmwe and Thomas' family. We would like to thank Mr Paul & family for the loving care shown to us.

"Graphic design is really useful in creating invitation and greeting cards, brochure, booklets, wallsheet and report design for Metta. We've got lots of new ideas for topic presentation and documentation", they say.

Naw Eh Hmwe and S Wai Zin Aung, computer operators of Metta Development Foundation has taken a 9 month course from September 2003 to August 2004 at Arena Multimedia Training Centre at Bangalore, India. In addition to emphasising on Graphic Design, they have studied film making and webpage design.



Gum Sha Awng, FFS TOT Facilitator and Naw Ja, FFS Programme Coordinator attended the Ecovillage Training (EVT) at the Findhorn Foundation Scotland, UK, from 19 February to 19 March 2005.

"It was gratifying to learn from the course that what we are doing is already promoting sustainability. We hope to integrate the ecological concept with the promotion of the economy and education of FFS communities, raising awareness of the interconnection between nature and humans".



## In Memoriam



### Hanggau Dau Lum

1958 – 2004

Metta deeply mourns Hanggau Dau Lum, a devoted and talented co-worker, who passed away suddenly on 21 November 2004.

Dau Lum had been involved in the FFS programme from the time of its inception in 2000, until his untimely demise. He played a crucial role in appraising project sites and in programme planning. The FFS programme owes much of its success to Dau Lum's dedication and innovative efforts. His talents in developing several lines (1-7) of an improved rice variety, which he named "Laiza" based on the area where he was working - is one outstanding example.

Dau Lum received his Bachelor in Agriculture (B. Ag.) degree in 1985, and had been involved in agricultural development work since 1987. He went to the Philippines in 1997, to attend the Farmer Led Extension IIRR course, and to receive regional agriculture exposure.

Dau Lum leaves behind wife Dr. Ja Ing, daughter Nang Awng, and son Lum Maw. We join the family in grieving their tremendous loss.

## AVAILABLE

- The practice of the System of Rice Intensification in Northern Myanmar Paper presented at the Proceedings of an International Conference, Sanya, China, 01-04 April 2002
- Mungbaw Initiative: *Potential of Summer Rice*, December 2002
- How to make Dochakin Compost: *use of micro-organisms and making compost*
- FFS Evaluation Report, December 2003
- Evaluation of PAR Projects in Kayah and Kayin States, March 2004
- FFS (2001-2003) Terminal Report, March 2004
- An Evaluation Report of Community-based Development Projects in Myanmar, July 2004
- Monitoring and Evaluation Trip to ECCD Village Sites, December 2004
- Annual Report 2004, 2005
- Training Report 2004: *TOT on Sustainable Agriculture and Innovative Practices in Upland Development*
- Handbook for basic animal healthcare *in adaptation of Where there is no Vet* (in Myanmar)

## ABBREVIATIONS

AT	Appropriate Technology
CARD	Centre for Action Research and Demonstration
DMT	Development Management Training
ECCD	Early Childhood Care and Development
FFS	Farmer Field School
FLE	Farmer-led Extension
IMO	Indigenous Micro Organism
IPM	Integrated Pest Management
OD	Organisational Development
PAR	Participatory Action Research
PME	Participatory Monitoring and Evaluation
PPA	Process of Participatory Accountability
SALT	Sloping Agriculture Land Technology
SRI	System of Rice Intensification
TOT	Training of Trainers
VHW	Village Health Worker
WDP	Women's Development Programme

**OPEN FORUM**

Please address them to [metta@mptmail.net.mm](mailto:metta@mptmail.net.mm)



**Metta Development Foundation**

Established in 1998 to assist communities in Myanmar recover from the debilitating impact of decades of civil conflict, the primary objective of Metta is the evolution of self-reliant and peaceful societies through social and economic growth. The driving force behind Metta is the concept the very word embodies - that of "loving kindness".

## **LEGAL STATUS**

**National NGO**

**Registration Number 1809**

**Ministry of Home Affairs 28OCT98**

## **TAX EXEMPTION**

**Ministry of Internal Revenue 16MAR99**

Coordination Office Yangon  
Parami Condominium Housing  
Building 12+1A, Room No.1302  
16 Quarter, Hlaing Township  
Yangon 11051, MYANMAR

☎ 95 -1- 651 769

P. O. Box 516, G. P. O., Yangon, MYANMAR

Coordination Office Myitkyina  
No 545 (B), Mye Myint  
Myitkyina, Kachin State  
MYANMAR

☎ 95 - 74 - 22 944  
ffs@myanmar.com.mm

[www.metta-myanmar.org](http://www.metta-myanmar.org)